

Simple steps on how to use a Denture Adhesive



PLACE A SMALL AMOUNT OF DENTURE ADHESIVE

*Once a day: Place a
small amount of denture
adhesive onto a clean
and dry denture*



PUT DENTURE BACK INTO YOUR MOUTH

*Put the denture into your
mouth and close firmly
for a few seconds*



LEAVE YOUR DENTURES OUT AT NIGHT

*Every evening, clean the
denture and the inside of
your mouth thoroughly to
remove any adhesive*



VISIT YOUR DENTAL PROFESSIONAL REGULARLY

*Ensures your mouth
remains healthy*

An easy routine to help aid your denture experience