

Four simple steps to keep dentures at their best

1



**BRUSH YOUR
DENTURES DAILY**

*Use a non-abrasive cleaner,
not toothpaste*

2



**SOAK YOUR
DENTURES DAILY**

*Use a denture cleanser
to remove more plaque and
clean your dentures*

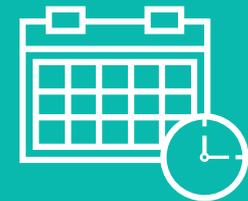
3



**LEAVE YOUR DENTURES
OUT AT NIGHT**

*Helps to relieve any soreness
and prevent infection*

4



**VISIT YOUR
DENTAL PROFESSIONAL
REGULARLY**

*Ensures your mouth
remains healthy*

**A simple daily routine for clean dentures
that promotes well-being and general health**